

KEEPING
up with
CHRIS
CENTER SUPERVISOR

Howdy, Ghosts & Goblins of the Center!

October has swooped in like a witch on a broomstick, and we're ready for a *fang-tastic* month together! The air is crisp, the pumpkins are popping up on porches, and here at the Center, we're stirring up a big cauldron of fun, friendship, and maybe just a little mischief.



Let's start with a big YEE-HAW and round of applause for our Western Theme Volunteer Luncheon. What a rootin', tootin' celebration it was! From the cowboy hats and boots to the laughter, the day was filled with pure joy. It was the perfect way to tip our hats to all of our volunteers, who truly keep this place running like a well-oiled wagon wheel. I can't thank you enough — your dedication and heart make our Center shine brighter than a harvest moon.

Now, October isn't just about pumpkins and ghosts — it's about *new beginnings* too. Thanks to additional funds from the Monmouth County Grant, we are excited to announce that two brand-new programs have added to our schedule! These programs will bring fresh opportunities to learn, laugh, and connect with one another. Be sure to check the post on page 5 and join in on the fun — I promise you won't want to miss these classes.

And now for the spooky (and silly) news... On Wednesday, October 22, we'll be hosting our Halloween Party! Come dressed in your spookiest, silliest, or most creative costume. Zombies, witches, cowboys, even bed-sheet ghosts — the scarier, the sillier, the better!

If you've got any Halloween decorations haunting your attic — skeletons missing a leg, cobwebs that even the spiders abandoned, or a pumpkin that looks more like a potato — bring them in! We'll put them to good use turning the Center into a haunted house with just the right amount of "boo" (and a lot of laughs).

Beware: rumor has it there may be ghoulish games, monstrous music, and prizes so good, even Dracula might ditch his coffin to join us.

As we head into this colorful season, I feel grateful for the energy, laughter, and warmth that each of you bring through our doors. Together, we'll make October a month to remember — full of fun, fellowship, and frightful delight (with a dash of silliness on top).

See you at the Center — if you dare...



KEYPORT SENIOR CENTER ADVISORY COMMITTEE

KEYPORT SENIOR CITIZENS ADVISORY COMMITTEE
SUPPORTS THE PROGRAMS OF THE
SENIOR CENTER

President: Vacant Vice-President: Bob Thompson
Treasurer: Darlene Burgess Secretary: Dawn Staniforth

ADVISORY COMMITTEE MEMBERS

Ken Angrason	Lynn Case	June Dougherty
Mary Lou Faitoute	Yolanda Gordillo	Julia Hudson
Patti Mascolino	Elba Moreno	Louis Natarcola
Laurie Parnaby	Susan Pike	Virginia Smith

Notes from the Advisory Committee
Member : Susan Pike

I'm sure you have heard by now that KSC has partnered with Boro of Highlands to run a 4 day cruise to Canada. Travel is good for us. A change from our normal routines can rejuvenate us, pique our curiosity, and introduce us to a different way of thinking. We try new foods, meet new people, marvel at sights both natural and manmade. Travel gives us an opportunity to relax and enjoy, learn and be entertained. And, Maybe, understand a different culture. October is the perfect time to celebrate all the benefits of travel and still stay close to home. Here are some possibilities:

Try some new foods. Keyport has many restaurants where you can sample foods from all over the world. Nemo, Lucy's Mexican American, McDonagh's. One of the newest is Aangara has all you can eat lunch buffet on Saturday and Sunday from noon to 3:00 where you can sample Indian specialties (\$24.99). The Elks Club Oktober Fest Dinner will feature German food and music (and a Stein holding challenge). Weekly farm markets offer lots of variety and the chance to talk with vendors and customers about what's good. If you have time and a little money to spend *Beyond the Plate* runs walking tours in Red Bank.

Take some time in natural beauty. It may not be the Grand Canyon but the Keyport bayfront has some inspiring vistas. Walk along the water and notice the boats, the light on the bay and New York City in the distance. Sit on the pier or a bench and talk to the people fishing or walking their dogs. Are there painters? Musicians? Get a cup of coffee or an ice cream and sit on the plaza next to Burlews. It's a great way to soak up the atmosphere. "Shinrin-yoku" in Japanese means Forest Bathing. The Arboretum at Holmdel Park is the perfect place to practice. Enjoy the quiet with only the sound of birds breaking the silence. The Monmouth County Park System has many great parks. Many have historical buildings. Longstreet Farm at Holmdel is a working farm circa 1890 and lots to do and see. There are demonstrations of farm chores and practices like baking in the cookstove. Check the Park System's seasonal catalog or website for special events. There is no cost for park entry but their classes require registration and a fee.

Be entertained and enlightened. Did you know that Christian Brothers' Academy Henderson Theater has \$5 Sunday matinees for seniors. Community theater, yes, but the production values are high quality. Bell Theater at Bellworks is another local theater with musical entertainment. Associated with Axelrod Performing Arts Center, many of the performances are tribute bands in a state-of-the-art facility. Bellworks itself is not to be missed. A fun place to walk, shop and eat. Take a look at the weekly markets and other events. Monmouth Museum on the Brookdale campus has changing exhibits and a Wonder Wing for kids. Check your local library for a museum pass. You check out the pass like a book and 2 adults and 2 children will get in free. Other museums are also available. Libraries are a great resource for free programs like crafts for adults, financial topics and even new films.



Did you realize that our name page is a fun way of donating to our Center?

Below is a list of all the members who contribute to the good work of our center. It's only \$10.00/year! Please stop in the front office to be a part of the center's support.

ADELE GRIES	GAIL PARIS	NANCY DEODATO
ANN ALBANO	HELEN DAHLGREN	PHOEBE MAZZUCCO
BARBARA REPP	JESSICA MCGEE-CALLANDRILO	REGINA O'REILLY
BRIDGET BRODERICK	JOAN DEVINO	SUE MILLER
CAROLE GRABOWSKI	JUNE DOUGHERTY	TERRI MAGISTRO
COOKIE PIZZI	LAURIE PARNABY	TONY CALLANDRILLO
DIANA RASMUSSEN	LYNN CASE	VERONA KING-MOTLEY
DONNA ROBICHAUD	MARY ELLEN MURACH	VIRGINIA SMITH
EILEEN DECICCO	MARY PAGIS	WENDY ESANNASON
FRED PIZZI	MATTIE ANDERSON	YOLANDA GORDILLO



Christmas

at the Playhouse

A comedy, Song & Dance Holiday Show

HUNTERDON HILLS PLAYHOUSE

Ticket \$ 120- KSC Members
Payment plan Available for members

Ticket includes

- Transportaion
- Show
- Table Served Entree/ Dessert
- Soda/Coffee & Tea

\$125 Non Members

"It's the most wonderful time of the year, come join us! There is something for everyone-Traditional holiday favorite, pop Christmas hits and seasonal spirituals.

Wednesday November 19,2025

Pick Up Locations: Bethany Manor,
Oyster Bay Apts. and Fireman's Parking Lot

Pick up time 10AM Questions?
Call: Keyport Senior Center 732-264-4916





JOIN US FOR A

Annual

Holiday Party

WEDNESDAY **10** DECEMBER

12PM-3PM

Jacques Reception Center
500 Palmer Ave, Middletown

Food Choices: Champagne Chicken,Prime Rib,
Poached Salmon

Entertainment by:
No Limit Entertainment

RSVP by Nov 14



Birthdays of the Month



Ruth Bowen	Lynn Liebowitz	Barbara Repp
Marie Caden	Lisa Matin	Paul Richtmyer
Joseph Carey	Celia Marzano	Toni Lynn Rossillo
Alan Chuntz	Chris McManus	Nora Sanborn
Michael Conley	Adrienne Meggison	Abigail Serrano
Lori Cortiglia	Lore Milione	Virgina Smith
Rosemary DiVilio	Jacqueline Moffett	Kiwhan Song
Richard Eisenbeis	Elba Moreno	Dianne Steneck
Jonathan English	Emily D Mularchuk	Maureen Stoute
Joseph Fischler	Emily B Mularchuk	Julia Stringfellow-Hudson
Bethellen Freirich	Louis Natarcola	Louise Thomsen
Thomas Grabowski	Kelly O'Sullivan	Frank Trano
Roseann Guarnaccio	Mary Pazos	Jacqueline Van Pelt
Frances Hayes	Camile Pecora	Edmond Vinciguerra
Bebbie Hege	Peter Petrocelli	Audrey Voorhees
Nancy Jones	Winifred Plath	
Bruce King	Rosemarie Prendergast	

MOVIE THURSDAYS



Each Thursday in the month, we will be showing a Movie starting at 11am. Snacks and drinks are not provided at all movies, you're welcome to bring snack and drinks.

Oct 2-Mean Girls– 2004

Oct 9–Sully 2016

Oct 16–Beetlejuice

Oct 23-Casper

Oct 30- Hocus Pocus



wish list

Thank you for your generous donations!

Our Morning Kitchen Helpers are requesting Coffee Regular and Decaf



Beverly Baxter

Audrey Voorhees

Welcome to our New Members

See a new face? Welcome them! Show them around the Center and get them involved with all the Center has to offer! Who knows... you might just make a new friend!

Kelly Sullivan	Wen T. Wang
Dennis Magee	Grace Palaotonio
Doreen Terarosa	David Romero
Nancy Brandine	Linda Halligan
Yee Chong Wong	

SOCIAL WORKER ANN INFORMATION

Open Enrollment 2025 begins on October 15th and ends on December 7th. You are allowed to make changes to your Medicare Part D Plan or your Medicare Advantage Plan during this period. Changes will be effective January 1, 2026.

Be sure to check your mail and read any notices from your current insurance.

For Medicare beneficiaries who are enrolled in PAAD or Extra Help, it is very important to check your Annual Notice of Change . If you have questions or concerns, contact PAAD at 1-800-792-9745.

PAAD Customer Service Agents can view your coverage and answer questions. PAAD is very busy during Open Enrollment. Please be patient. Somedays there are long waits.

If you need additional assistance, please call the senior center at 732-264-4916. Jessi or Kathy will take a message and I will call you back when I am working on Thursdays.

Thank you and Happy Fall Y'all!



**MID-WEEK FUN
WITH CARA!**

WEDNESDAYS AT 11:30

Come join the Wednesday crowd!

It's exercise... but it
feels more like FUN!



**HISTORY
CLASS
WITH
DAVID**

**FRIDAYS
STARTING
10/3 @11:30**

**COME LEARN
ABOUT
HISTORY!**






HOLIDAY COOKIE RECIPE SWAP

Got a favorite cookie recipe? Share it with us!

We're collecting holiday cookie recipes from our community, and all submissions will be shared at our Holiday Party.



OCTOBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
South Jersey Legal Services 732-414-6750 (ext. 6505)	Dr. Lynn Motasis Podiatrist 732-970-4580	1 10:00-Cards/Poker 11:30- Exercise w/ Cara 1-3:30-All Medium Art 2:30-Table Tennis 	2 9:30-1:30-Social Worker 10:00-Gentle Fitness with Oscar 11:00-Canasta 11:00- Movie 11:30-Table Tennis 12:30-Tai Chi 1:30-Guitar Lesson	3 9:30-4- BAPS bus Tip 9:00-10:15-Table Tennis 10am South Jersey Legal- Appointments Call office 10:00-Cards/Poker 10:30-Latin Groove 11:30-History with David 2:00-Table Tennis 2:00-4:00- Open Art
6 9:00-10:30 -Table Tennis 11:00-4:00- Canasta 11:30- Senior Group Fitness 12-12:45 - Spanish Class 1-3- Writer Corner 1:30-Ceramics 2:30-Table Tennis	7 10:00- Center Meeting 10:00-Cards/Poker 10:30-11:45-Bingo 11:30- Table Tennis 12-1:00- Chorus Class 12-2-Chess Class 1:00-Chair Yoga 2:00-4:00- Open Art 2:15- Zumba	8 10:00-Cards/Poker 11:30- Exercise w/ Cara 1-3:30-All Medium Art 2:30-Table Tennis 	9 9:30-1:30-Social Worker 10:00-Gentle Fitness with Oscar 11:00-Canasta 11:00- Movie 11:30-Table Tennis 12:30- Tai Chi 1:30-Guitar Lesson	10 9:00-10:15-Table Tennis 10:00-Cards/Poker 10:30-Latin Groove 11:30-History with David 2:00-Table Tennis 2:00-4:00- Open Art
13 Center is closed for Columbus Day	14 10:00- Center Meeting 10:00-Cards/Poker 10:30-11:45-Bingo 11:30- Table Tennis 12-1:00- Chorus 12-2-Chess Class 1:00-Chair Yoga 2:00-4:00- Open Art 2:15- Zumba	15 10:00-Cards/Poker 11:30- Exercise w/ Cara 1-3:30-All Medium Art 2:30-Table Tennis 	16 11:30-1:30- Social Worker 10:00-Gentle Fitness with Oscar 11:00-Canasta 11:00- Movie 11:30-Table Tennis 12:30-Tai Chi 1:30-Guitar Lesson	17 8:30 Wind Creek Bus Trip 9:00-10:15-Table Tennis 10:00-Cards/Poker 10:30-Latin Groove 11:30-History with David 2:00-Table Tennis 2:00-4:00- Open Art
20 9:00-10:30 -Table Tennis 11:00-4:00- Canasta 11:30- Senior Group Fitness 12-12:45 - Spanish Class 1-3- Book Cafe 1:30-Ceramics 2:30-Table Tennis	21 10:00- Center Meeting 10:00-Cards/Poker 10:30-11:45-Bingo 11:30- Table Tennis 12-1:00- Chorus 12-2-Chess Class 1:00-Chair Yoga 2:00-4:00- Open Art 2:15- Zumba	22 10:00-Cards/Poker 11:30- Exercise w/ Cara 12:30- Halloween Party 1-3:30-All Medium Art 2:30-Table Tennis 	23 9:30-1:30-Social Worker 10:00-Gentle Fitness with Oscar 11:00-Canasta 11:00- Movie 11:30-Table Tennis 12:30-Tai Chi 1:30-Guitar Lesson	24 9:00-10:15-Table Tennis 10:00-Cards/Poker 10:30-Latin Groove 11:30-History with David 2:00-Table Tennis 2:00-4:00- Open Art
27 9:00-10:30 -Table Tennis 11:00-4:00- Canasta 11:30- Senior Group Fitness 12-12:45 - Spanish Class 1-3 Writer corner 1:30-Ceramics 2:30-Table Tennis	28 10:00- Center Meeting 10:00-Cards/Poker 10:30-11:45-Bingo 11:30- Table Tennis 12-1:00- Chorus 12-2-Chess Class 1:00-Chair Yoga 2:00-4:00- Open Art 2:15- Zumba	29 10:00-Cards/Poker 11:30- Exercise w/ Cara 1-3:30-All Medium Art 2:30-Table Tennis 	30 No Social Worker Today 10:00-Gentle Fitness with Oscar 11:00-Canasta 11:00- Movie 11:30-Table Tennis 12:30-Tai Chi 1:30-Guitar Lesson 2pm Advisory Meeting	31 9:00-10:15-Table Tennis 10:00-Cards/Poker 10:30-Latin Groove 11:30-History with David 2:00-Table Tennis 2:00-4:00- Open Art 