



110 SECOND STREET, KEYPORT, NJ 07735

Center Supervisor- Chris McManus

Office Staff– Jessi Antenucci & Kathy Beam

Social Worker– Ann Albano

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WWW.KEYPORTONLINE.COM Office Hours 8:30AM-4pm

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## Message from the Desk of Chris – Center Supervisor

March is finally here, and with it comes the promise of spring right around the corner. After a long winter, we are ready for sunshine, fresh air, and new beginnings.

March also kicks off our special day trips for the year, and I'm excited about the wonderful outings we have planned. There is a lot happening this month and even more ahead in the coming months. Our goal is to keep the Center active, engaging, and full of opportunities for everyone.

March also marks a personal milestone for me — one year in the role as your Center Supervisor. This past year has truly flown by. I am incredibly grateful for the friendships, laughter, support, and sense of community we continue to build together. Each day we grow stronger as a Center — not just through programs and events, but through the connections we share. It genuinely feels like family here.

I also want to personally ask you to please take your time reading through this newsletter. I put many hours into planning programs, trips, and special events to ensure there is something for everyone. My focus is always on keeping the Center moving forward and offering activities that are fun, meaningful, and worth looking forward to each week.

Thank you for being such an important part of our Center. I am excited for all that March — and the year ahead — will bring as we continue to grow together.

  
*Birthdays  
of the Month*



Corine McGowan, Keith Perrella, Maureen Coppola,  
Janice Bonica, Seham Abouelhassan, Lynn Case,  
Cheryl Kondratyk, David Romero, Regina O'Reilly,  
Pamela Roane, James Poling, Daniel Rosato,  
Renate Michitsch, Joan Travis, Patricia Franklin,  
Eugenio Rivera, Barbara Roberts,  
Stephanie Bernardi-Yates, Gilberte Drodzik,  
Orma Trim, Robert Herman, Marion Jones,  
Alice Kennedy, Donna Langan, Laurie Parnaby,  
Ermelinda Dimartino, Anthony LaConte,  
Alice Shiraldi, Netty Craven

  
*wish list*



**We Thank you for your  
generous donations!**

- Dinner Plates
- Cold Drinking cups 5-9oz

  
*Welcome*  
to our  
**New Members**

**See a new face? Welcome them! Show them around the Center and get them involved with all the Center has to offer! Who knows... you might just make a new friend!**

**We are very happy to see our members returning as well as seeing new faces around the Center— Hope everyone enjoys this wonderful center this year!**



**KEYPORT SENIOR CITIZENS ADVISORY COMMITTEE**  
SUPPORTS THE PROGRAMS OF THE SENIOR CENTER

**President:** Laurie Parnaby     **Vice-President:** Bob Thompsen

**Treasurer:** Darlene Burgess     **Secretary:** Barbara Gianguzzi

**ADVISORY COMMITTEE MEMBERS**

Mary Lou Faitoute	Julia Hudson	Patti Mascolino
Elba Moreno	Louis Natarcola	Gail Paris
Susan Pike	Virginia Smith	Dawn Staniforth
Barbara Repp		

**Notes from the Advisory Committee Member Dawn Staniforth**

It's hard to believe it's already March. As we welcome March, winter is certainly making its presence known! With nearly a foot of dirty snow still piled on the ground because of the bitter cold.

On February 2nd, Groundhog Day, we woke up wondering if Punxsutawney Phil would see his shadow. As the folklore goes, if he sees his shadow, we are in for six more weeks of winter; if he doesn't, spring will arrive early. Well, what do you know, he saw his shadow. While his predictions are more fun than fact, we look forward to observing the tradition and counting the days/weeks to winter's end.

What makes March so special besides anticipating the end of winter? It symbolizes new beginnings. For one, the days are getting longer, and it's exciting that 5:30 pm is still light out. We look forward to Daylight Saving Time, where we "spring forward" in time, bringing lighter evenings to enjoy out with friends and family.

That's not all, we look forward to melting snow, the first crocuses and daffodils pushing their pretty little heads up through the thawing earth. Birds returning (remember to fill your bird feeders), and enjoying outside activities like walking, gardening, playing pickleball, and dining.

In March, we also observe Women's History Month and International Women's Day (March 8); St. Patrick's Day (March 17); and, for the sports fans among us, the March Madness tournament. At the senior center, we celebrate everything. Keep reading the newsletter to see what our supervisor, Chris, has planned for us this month.

Have a wonderful March! Stay warm, stay safe, and always be bright and welcoming!!

*Thank you*  
FOR YOUR SUPPORT

Did you realize that our name page is a fun way of donating to our Center?

Below is a list of all the members who contribute to the good work of our center. It's only \$10.00/year! Please stop in the front office to be a part of the center's support.

**Adele Gries, Ann Albano, Barbara Repp, Bridget Broderick, Carole Grabowski, Cookie Pizzi, Dan Rosato, Diana Rasmussen, Donna Robichaud, Eileen Decicco, Fred Pizzi, Gail Paris, Helen Dahlgren, Jessica McGee-Callandrilo, Joan Devino, June Dougherty, Laurie Parnaby, Lenora Eddy, Lou Natarcola, Lynn Case, Mary Ellen Murach, Mary Pazos, Mattie Anderson, Nancy Brandine, Nancy Deodato, Phoebe Mazzucco, Regina O'Reilly, Sue Miller, Terri Magistro, Tony Callandrillo, Verona King-Mottley, Virginia Smith, Wendy Esannason, Yolanda Gordillo**

# SOCIAL WORKER ANN INFORMATION

Slam the Scam – March 5, 2026

As part of National Consumer Protection Week, the Social Security Administration (SSA) and its Office of the Inspector General (OIG) are leading **Slam the Scam Day** on March 5, 2026.

Scammers may impersonate SSA or other government agencies to steal your personal information or money. Watch for fake calls, emails, texts, websites, or mail. They may spoof official phone numbers and pressure you to act quickly or share personal details like your Social Security or bank account numbers.

Protect yourself. If you think you were scammed, seek help and don't blame yourself.

Hang up. Don't click.

Don't share.

**Slam the Scam!**

## Income Limits PAAD and Senior Gold 2026

The PAAD and Senior Gold income limits have increased for 2026.

PAAD 2026 Limits 54,943.00 Single 62,390.00 Married Couples

Senior Gold 54,943.00-64,943.00 Single 62,390.00-72,390.00 Married Couples

See Ann Albano, BA, CSW our social worker for additional information or application assistance.



## Art Projects with Mary Lou

Spaces are limited due to supplies, so please sign up early to reserve your spot. **Paint & Pour – With a Twist!**

Back by popular demand in March—Paint & Pour returns with a chain!  
Wednesday, March 11

## MOVIE IN MARCH Movies starting at 11AM.

Snacks and drinks are not provided at all movies, you're welcome to bring snack and drinks.

- **Poseidon-** After a huge tidal wave capsizes a luxury liner in the North Atlantic, individual survivors (Josh Lucas, Kurt Russell, Jacinda Barrett) band together and traverse a hazardous upside-down maze that they hope will take them to safety. As the wrecked vessel fills with water, the survivors must call on hidden strengths and skills to face the fight of their lives.
- **Pocketful of Miracles-** Beggar Annie (Bette Davis) learns that her daughter, escorted by an aristocratic suitor, plans to visit. It's great news -- except that she has tricked her daughter into believing she is a wealthy socialite. Fearing her true identity will disappoint, Annie petitions a superstitious mobster (Glenn Ford), who thinks the apples she sells are lucky, for help. Hesitant at first, the mafioso is persuaded by his girlfriend (Hope Lange) to disguise Annie, if only long enough to fool her daughter.
- **Secondhand Lions-** A shy adolescent boy, Walter (Haley Joel Osment), is taken by his greedy mother (Kyra Sedgwick) to spend the summer with his two hard-boiled great-uncles, Hub (Robert Duvall) and Garth (Michael Caine), who are rumored to possess a great fortune. At first, the two old men, both set in their ways, find Walter's presence a nuisance, but they eventually warm up to the boy and regale him with tall tales from their past. In return, Walter helps reawaken their youthful spirit.
- **Message in a Bottle-** During her morning jog on the beach, journalist Theresa Osborne (Robin Wright Penn) discovers a bottle protruding from the sand. Inside it, she finds a heartbreaking, anonymous love letter. After her paper publishes the letter, Osborne tracks down the letter's reclusive author, world-weary widower Garret Blake (Kevin Costner), in the Carolinas. But, as Osborne finds herself falling hopelessly in love with Blake, she becomes wracked with guilt over the real impetus for her visit.



# 2026 Trips & Events

**\*\*\* Please Note: these Dates, Time and Event are Subject to Change\*\*\***

**Casino Bus Trips \$40 for Members; \$50 for Non- Members**

*You will receive \$20 back in Slot play at Resorts- AC (\$25 back at Wind Creek)*

<b>APRIL</b>	<b>JUNE</b>	<b>AUGUST</b>	<b>OCTOBER</b>	<b>DECEMBER</b>
<b>FRIDAY 10</b>	<b>FRIDAY 26</b>	<b>MONDAY 17</b>	<b>WEDNESDAY 21</b>	<b>MONDAY 14</b>
<b>ATLANTIC CITY</b>	<b>ATLANTIC CITY</b>	<b>ATLANTIC CITY</b>	<b>WIND CREEK PA</b>	<b>ATLANTIC CITY</b>

## Monthly Lunch Parties

March	April	May	June	July	Aug	Sept	Oct	Nov	Dec
<b>Tues 17</b>	<b>Fri 17</b>	<b>Thurs 7 &amp; Friday 29</b>	<b>Thurs 18</b>	<b>Fri 3 250th Party</b>	<b>Summer Party TBA</b>	<b>Volunteer Lunch TBA</b>	<b>Fri 30</b>	<b>Fri 20</b>	<b>Holiday Party TBA</b>

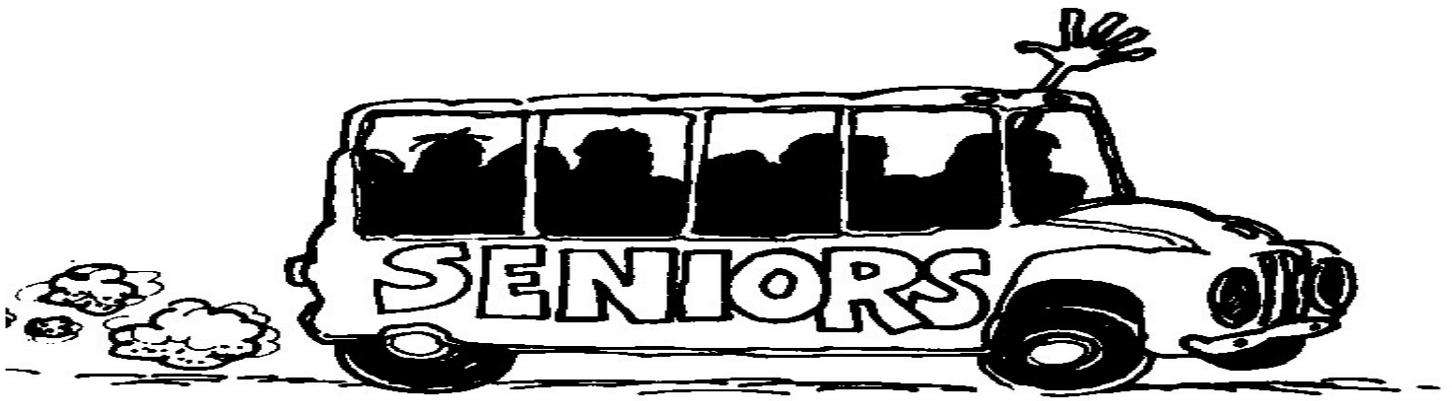
## Wellness Visits

March	May	June	July	October
<b>Tuesday 3</b>	<b>Tuesday 12</b>	<b>Tuesday 9</b>	<b>Tuesday 14</b>	<b>Wednesday 14</b>
<b>9am-11am</b>	<b>11am-1pm</b>	<b>9am-11am</b>	<b>11am-1pm</b>	<b>11am-1pm</b>
<b>Parker Family Health Center</b>	<b>Hackensack Meridian Health</b>	<b>Parker Family Health Center</b>	<b>Hackensack Meridian Health</b>	<b>Hackensack Meridian Health</b>

## Health Lectures

<b>March 18</b>	<b>April 1 must sign up</b>	<b>June 17</b>	<b>August 6</b>
<b>12pm-1pm</b>	<b>8:30am -12pm</b>	<b>12pm-1pm</b>	<b>12pm-1pm</b>
<b>Nutrition Spring Reset</b>	<b>Audiologist Hearing Screening Vision Screening</b>	<b>Stroke Prevention</b>	<b>Managing Blood Pressure &amp; Cholesterol</b>





For more information on these trips, please see the flyer on the bulletin board in the hallway at the center

## **Trips are subject to change**

### **April 22 Princeton Art Museum– Princeton**

Join us for a day of art and good company as we visit the Princeton University Art Museum in Princeton, NJ. We'll explore an impressive collection spanning ancient to contemporary works, followed by a group lunch at a local restaurant (details to be announced). A perfect outing for art lovers and anyone looking to enjoy a cultural afternoon together.

### **July 22– Jersey Shore Blue Claws– Lakewood**

Celebrate summer with a trip to the Jersey Shore to catch a Jersey Shore BlueClaws baseball game! Enjoy the excitement of minor league baseball, ocean air, and classic ballpark fun. It's a perfect day out filled with sunshine, team spirit, and great company. This is a Rain or Shine event

### **July 29– Cornucopia Cruise Lunch**

Set sail for an unforgettable afternoon aboard the Cornucopia Cruise Line's Princess! Enjoy a relaxing three-hour cruise along the scenic Raritan waters, departing from Perth Amboy. Boarding begins at 11:30 AM, with the ship setting sail at 12:00 PM and returning at 3:00 PM. Guests will be treated to a delicious lunch buffet, dessert, soda, coffee, tea, and water. Dance the afternoon away on the spacious dance floor with live entertainment from a DJ. Don't miss this perfect blend of dining, music, and waterfront views.

### **August 27– 1766 at Surf light Theatre– Beach Heaven**

Join us for a special trip to Surf Light Theatre to see "1776," a lively and patriotic production that helps kick off the America 250 celebration. Enjoy an entertaining performance that brings history to life as we come together to honor this milestone in our nation's story. Lunch will be at the Water Front.

### **September 9– Elvis is in the Building– Riverview Inn (Matamoras (Pike County) PA)**

Elvises are in the Building! Join us for a bus trip to the Riverview Inn in Pennsylvania for a day of unforgettable fun. Enjoy live Elvis-style entertainment along with a delicious, all-you-can-eat buffet lunch. It's music, memories, and a whole lot of rock 'n' roll!

### **October 1– Doo Wop to Disco– Shore Club, Spring Lake**

Step back in time with a trip to the Shore Club in Spring Lake to enjoy a classic Doo Wop show! Relive the golden hits and smooth harmonies of this beloved era in a lively, nostalgic setting that's sure to have you smiling and singing along.

### **December 4– Hunterdon Hills Playhouse– Hampton**

Get into the holiday spirit with a trip to Hunterdon Hills Playhouse to enjoy their beloved Christmas show. Delight in seasonal music, laughter, and cheer, all paired with a warm, festive atmosphere that makes this a perfect way to celebrate the season.



**Small actions make a big impact.**

**Everyday choices can lead to meaningful change.**

During the month of March, when you shop at Stop & Shop (100 State Route 36, Keyport) and **purchase a \$2.50 reusable Community Bag, Stop & Shop will donate \$1.00 from each bag sold to the Keyport Senior Center.**

This opportunity is open to everyone, so please help us spread the word! Let's see how much we can raise together this month while simply doing our regular shopping. Can we beat last year numbers?

Thank you for supporting the Keyport Senior Center and our wonderful community!

#communitybagprogram



We have been invited to march in the Keyport St. Patrick's Day Parade on

**Saturday, March 21 at 1:00 PM!**

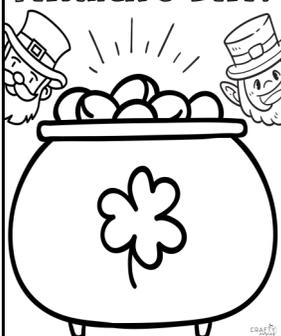
Come out and show your Senior Center spirit as we join the fun. The parade route is a slow, simple **0.9-mile walk**, making it comfortable for everyone who would like to participate.

Feel free to wear green, festive gear—if you use a walker, bring it decorated!

**Sign up in the office today** if you'd like to march with us.

Let's make KSC proud!

# MARCH 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p><b>9am– Cruise Meeting</b> <b>Podiatrist will be visiting today</b></p> <p>9:00-10:30 -Table Tennis 11:00-4:00– Canasta 11:30– Senior Group Fitness 1:30—Ceramics 2:30—Table Tennis</p>	<p>3</p> <p><b>9am– Parker Health</b></p> <p>10:00- Center Meeting 10:00-Cards/Poker 10:30-11:45-Bingo 11:30– Table Tennis 12-1:00– Chorus 12-2-Chess Class 1:00-Chair Yoga 2:00-4:00– Open Art 2:15– Zumba</p>	<p>4</p> <p>10:00-Cards/Poker 11:30– Exercise w/ Cara 1-3:30-All Medium Art 2:30-Table Tennis</p>	<p>5</p> <p><b>9:30-1:30 Social Worker</b></p> <p>10:00-Gentle Fitness with Oscar 10:30– Movie 11:00-Canasta 11:30-Table Tennis 12:30– Tai Chi 1:30-Guitar Lesson</p>	<p>6</p> <p>9:00-10:15-Table Tennis 10:30-Latin Groove 11:30-History with David 2:00-Table Tennis 2:00-4:00– Open Art</p>
<p>9</p> <p>9:00-10:30 -Table Tennis 11:00-4:00– Canasta 11:30– Senior Group Fitness 1:30—Ceramics 2:30—Table Tennis</p>	<p>10</p> <p>10:00- Center Meeting 10:00-Cards/Poker 10:30-11:45-Bingo 11:30– Table Tennis 12-1:00– Chorus 12-2-Chess Class 1:00-Chair Yoga 2:00-4:00– Open Art 2:15– Zumba</p>	<p>11</p> <p>10:00-Cards/Poker 11:30– Exercise w/ Cara 1-3:30-All Medium Art 2:30-Table Tennis</p>	<p>12</p> <p><b>9:30-1:30-Social Worker</b></p> <p>10:00-Gentle Fitness with Oscar 10:30– Movie 11:00-Canasta 11:30-Table Tennis 12:30– Tai Chi</p>	<p>13</p> <p>9:00-10:15-Table Tennis 10:30-Latin Groove 11:30-History with David 1pm– Writer Corner 2:00-Table Tennis 2:00-4:00– Open Art</p>
<p>16</p> <p>9:00-10:30 -Table Tennis 11:00-4:00– Canasta 11:30– Senior Group Fitness 1:30—Ceramics 2:30—Table Tennis</p>	<p>17</p> <p>10:00- Center Meeting 10:00-Cards/Poker 10:30-11:45-Bingo 11:30– Table Tennis <b>12 Lunch Party</b> 12-1:00– Chorus 12-2-Chess Class 1:00-Chair Yoga 2:00-4:00– Open Art 2:15– Zumba</p>	<p>18</p> <p>10:00-Cards/Poker 11:30– Exercise w/ Cara <b>1pm Health Topic</b> 1-3:30-All Medium Art 2:30-Table Tennis</p>	<p>19</p> <p><b>9:30-1:30 Social Worker</b></p> <p>10:00-Gentle Fitness with Oscar 10:30– Movie 11:00-Canasta 11:30-Table Tennis 12:30– Tai Chi 1:30-Guitar Lesson</p>	<p>20</p> <p>9:00-10:15-Table Tennis 10:30-Latin Groove 11:30-History with David 1pm– Book Cafe 2:00-Table Tennis 2:00-4:00– Open Art</p> <p><b>Saturday March 21</b> <b>1pm Keyport</b> <b>St. Patrick's Parade</b></p>
<p>23</p> <p>9:00-10:30 -Table Tennis 11:00-4:00– Canasta 11:30– Senior Group Fitness 1:30—Ceramics 2:30—Table Tennis</p>	<p>24</p> <p>10:00- Center Meeting 10:00-Cards/Poker <b>10:30-11:45– Guest speaker Bingo</b> 11:30– Table Tennis 12-1:00– Chorus 12-2-Chess Class 1:00-Chair Yoga 2:00-4:00– Open Art 2:15– Zumba</p>	<p>25</p> <p><b>10:30 Bus Trip– AP Culinary School</b></p> <p>10:00-Cards/Poker 11:30– Exercise w/ Cara 1-3:30-All Medium Art 2:30-Table Tennis</p>	<p>26</p> <p><b>9:30-1:30-Social Worker</b></p> <p>10:00-Gentle Fitness with Oscar 11:00-Canasta 11:30-Table Tennis 12:30– Tai Chi 2pm Advisory Meeting</p>	<p>27</p> <p>9:00-10:15-Table Tennis 10:30-Latin Groove 11:30-History with David 1pm– Writer Corner 2:00-Table Tennis 2:00-4:00– Open Art</p>
<p>30</p> <p>9:00-10:30 -Table Tennis 11:00-4:00– Canasta 11:30– Senior Group Fitness 1:30—Ceramics 2:30—Table Tennis</p>	<p>31</p> <p>10:00- Center Meeting 10:00-Cards/Poker 10:30-11:45-Bingo 11:30– Table Tennis 12-1:00– Chorus 12-2-Chess Class 1:00-Chair Yoga 2:00-4:00– Open Art 2:15– Zumba</p>	<p style="text-align: center;"><b>HAPPY ST. PATRICK'S DAY!</b></p> 	<p style="text-align: center;"><b>Dr. Lynn Motasis</b></p> <p style="text-align: center;"><b>Podiatrist</b></p> <p style="text-align: center;"><b>732-970-4580</b></p>	<p style="text-align: center;"><b>South Jersey</b></p> <p style="text-align: center;"><b>Legal Services</b></p> <p style="text-align: center;"><b>732-414-6750</b></p> <p style="text-align: center;"><b>(ext. 6505)</b></p>