



Caregiver Support Group

Presented by:

**Alzheimer's Association
Greater New Jersey Chapter**

1st Tuesday of Each Month
 10:00 a.m. - 12:00 p.m.
 Virtual Meeting
 10:00 a.m. - 12:00 p.m.
 10:00 a.m. - 12:00 p.m.
 10:00 a.m. - 12:00 p.m.
 10:00 a.m. - 12:00 p.m., Volunteer Facilitator
 Register at <https://action.alz.org/mtg/5445892> or 800.272.3900.



Visit alz.org/nj to learn more about caregiver programs and resources. To further extend your network of support, visit ALZ connected®, our online community, at alzconnected.org.

Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.